

HFN IMPACT



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September 2024

Announcements

WELCOME! to the September 2024 issue of HFN IMPACT. We are thrilled to continue sharing our activities, updates, and projects with you as we strive to make a meaningful IMPACT on the journey towards primary healthcare equity across Nigeria. Thank you for being a part of our mission. Together, we can create lasting change and build a healthier, brighter future for Nigeria.

NEWS:

Nurse A School Launch

- Erin Ijesha Community High School, Osun State - October 10th

Call for HFN Volunteers!

<https://bit.ly/hfnvolunteer-information>

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MEET THE TEAM.



Dr. Bim Akintade (Founder)

Dr. Bim Akintade is a Professor and Dean of the College of Nursing at East Carolina University, Greenville, North Carolina. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals, and more. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



Titus Oluwalade (Executive Director)

Titus is a Clinical Supervisor and Registered Nurse with over 18 years of experience in Med-Surg, psychiatric, and telemetry units both in Nigeria & the US. He excels in leading multidisciplinary teams, optimizing patient care, and implementing evidence-based protocols. Currently at George Washington University Hospital, Titus focuses on stroke and epilepsy care. He holds a Bachelor's in Nursing and is pursuing a Master's in Leadership and Management at George Washington University, reflecting his commitment to advancing nursing practice and patient care quality.



Ruth Fasanya (Senior Operation Coordinator)

Ruth is an articulate and accomplished HR/Administrative executive with more than 5 years of experience managing office administration operations. She has contributed significantly to organizational growth through her innovative approaches to self-development.



Luro Adeola (Nurse A School Nursing Coordinator)

Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make significant contributions to HFN.

Adeola joined HFN as the school nurse at our location in Ondo State and has grown into the role of the Nurse A School Program Coordinator.



Joseph Ajayi Fayomi (Leadership and Development Coordinator)

Joseph is a skilled professional proficient in a diverse array of competencies including Data Analytics, Research and Development, Microsoft Office, Google Suite, Instructional Best Practices, Program Management, Performance Management, and more. His career trajectory showcases a range of pivotal roles that highlight his expertise and dedication.

HFN IMPACT



12 School Sickbays Established



Over 30,000 Students Seen by HFN Nurses



Across 6 States and 12 Communities in Nigeria



Healthcare Services for 6000+ Nigerians



Over 1000 Faculty and Staff attended to by HFN Nurses

SNAPSHOT

COMMUNITY ENGAGEMENT

This month, we are excited to highlight the impactful efforts HFN has made through the Nurse A School (NAS) program, reaching communities across multiple partnering states. The NAS initiative continues to make a difference by providing essential healthcare education and support, improving lives at the grassroots level. Community engagement is more than just a concept for us; it's the driving force behind every action, fueling positive change and creating sustainable, long-term impact.



In Awo Ekiti, Ekiti State, Nurse Abiodun made a significant impact during her visit to the bustling Sabo Market. There, she informed the community on the prevention and **management of Hypertension and Cholera**. She emphasized the importance of early detection, lifestyle changes, and proper hygiene in reducing the risk of these conditions. In addition to providing valuable health education, free health screenings were conducted, allowing marketgoers to check their blood pressure and blood sugar levels.



Nurse Omotosho, from St. Monica Grammar School in Ondo Town, Ondo State, led a community engagement initiative in the Arigbabola area of Ondo. She focused on educating residents about depression, the importance of regular health check-ups, and the benefits of healthy living. The session was highly interactive, with numerous questions addressed and key misconceptions clarified, fostering a deeper understanding of these critical health issues.

COMMUNITY ENGAGEMENT



Nurse Ige Victoria conducted a community engagement session at RCCG Agbowo, focusing on health awareness. The session, held at Bashorun Ojoo High School in Ibadan, emphasized key health topics, including **menstruation, blood pressure, and blood sugar checks**, aiming to enhance community understanding and promote overall wellness.

Some attendees showed minor fluctuations in their blood pressure, which they admitted was due to inconsistent medication use. They were advised on the importance of their adherence to prescribed treatments. The church, including the pastor, expressed deep gratitude, appreciating the effort to raise awareness and improve the well-being of church members.

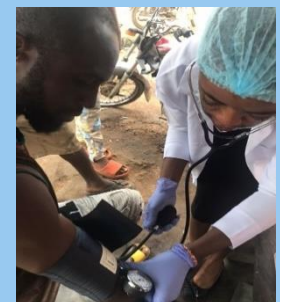


Nurse Bamikole led a community engagement session at the Complex in Erin Ijesha, addressing both youth and adults on Sexually Transmitted Diseases (STDs). The session provided comprehensive education on the causes, symptoms, and prevention of STDs, highlighting the



significance of sexual health and safe practices. In addition, participants received guidance on maintaining healthy habits to prevent diabetes.

After the session, free blood pressure and blood sugar checks were done for everyone present. Community members with high blood pressure readings were referred to the PHC for proper management.



COMMUNITY ENGAGEMENT (CONT'D)



Nurse Ochigbo successfully led a community outreach session in Angwar Sairiki, Area 2, within the Kuje Area Council of Abuja, focusing on promoting general hygiene. She visited 15 homes during the outreach, engaging directly

with women and children. The children received education on the importance of personal and environmental cleanliness, emphasizing proper sanitation practices. In addition, she conducted blood pressure screenings for community members. The residents' active participation and insightful responses reflected a strong understanding of the health messages delivered.



At Ekunle High School 1&2 in Iseyin, Oyo State, Nurse Abidoye and Nurse Adesina visited Ilupeju Estate, Sawmill in Iseyin, focusing on the well-being of local residents.



Participants received counseling on the importance of regular health check-ups and effective stress management. Food vendors and a group of apprentices were trained in essential hygiene practices, promoting a cleaner and safer community. The outreach not only fostered wellness and awareness but also left a lasting, positive impact on the residents.

NURSE-A-SCHOOL PROGRAM EVALUATION REPORT

As part of our efforts to enhance the Nurse-A-School Program, we conducted a comprehensive evaluation using a semi-structured questionnaire. This was administered to students across various participating schools. Key highlights of the evaluation include:

Student Satisfaction and Perception

Positive Feedback: The evaluation data revealed that 94.1% of students were satisfied with the care provided by the school nurse, highlighting the program's effectiveness in delivering high-quality healthcare services directly within the school environment.

Trust and Confidence: Trust in healthcare providers is critical to effective health services, particularly in a school setting where students may be vulnerable. The survey results revealed that 862 (81.1%) students have high trust in the school nurse, which plays a crucial role in the program's success.

Reduction in Absenteeism: One of the significant impacts of the Nurse-A-School program is its contribution to reducing student absenteeism. According to the survey, 54.6% of students reported that the presence of a school nurse led to fewer absences from school due to illness or health-related issues.

Mental Health Support: The program's impact extends beyond physical health. It plays a vital role in addressing students' mental health needs.

We have also taken into account some recommendations for improvement from the students and are committed towards enhancing our program's satisfaction.

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA LAUNCHING EVENT

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THANK YOU to all our Donors, Sponsors and Partners.

DONOR SPOTLIGHT

Dr. Oluwatosin Olateju
(Founder FCFA)



Our Donor Spotlight this month goes to **Dr. Oluwatosin Olateju**, Baptist Grammar School Iresi, Osun state was sponsored by her. You and other donors are the reason we can demonstrate such significant outcomes. HFN says a **BIG THANK YOU!!!**

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