

HFN IMPACT



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September 2023

Announcements

WELCOME! to the September 2023 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on the journey towards healthcare equity across Nigeria.

NEWS:

Nurse A School Launch

- Oreki Secondary School, Oghareki Delta (Upcoming)

Upcoming Event; Quarterly Lecture Presentation

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MEET THE TEAM.



Dr. Bim Akintade (Founder)

Dr. Bim Akintade is a Professor and Dean of the College of Nursing at East Carolina University, Greenville, North Carolina. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals and more. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



Ruth Fasanya (Senior Operation Coordinator)

Ruth is an articulate and accomplished administrative executive with over 4 years' experience in office administration and management. She has contributed significantly to organizational growth via innovative approaches to self-development.



Olumide Obe (Leadership and Development Coordinator)

Olumide is an experienced Administrator at the University of Medical Science, Ondo. He is a community service-oriented officer, with vast experience in the areas of advancement and community/corporate relations.



Luro Adeola (Nurse A School Nursing Coordinator)

Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make a significant contribution to HFN. Adeola joined HFN as the school nurse at our location in Ondo State and has grown into the role as the Nurse A School Program Coordinator.

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA
- QUARTELY LECTURE SERIES

HFN IMPACT SNAPSHOT



11 School Sickbays Established



Over 15000 Students Seen by HFN Nurses



Across 6 States and 11 Communities in Nigeria



Healthcare Services for 5000+ Nigerians



Over 600 Faculty and Staff attended to by HFN Nurses

COMMUNITY ENGAGEMENT

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states. Community engagement is not just a buzzword; it's the lifeblood that fuels positive change and sustainable impact.



In Iresi, Osun State, Nurse Adekeye visited other schools in the community and invited female students to educate them on **“Menstruation: Menstrual Cycle Menstrual Hygiene Practice.** She also visited Gari Processing Center in Isedo, Iresi and provided health education on **Healthy Diet: Definition, classification of foods, and importance of consuming a balanced diet.** Free health screenings were conducted including blood pressure and blood sugar.



At Ekunle High School 1&2 in Iseyin, Oyo State, Nurse Abidoye and Nurse Adesina visited Kara Market in Iseyin, and educated and provided valuable information and guidance on regular check ups, drug misuse, personal and environmental hygiene. They also emphasized that check-ups were not to be delayed for when an individual is sick, but essential for maintaining overall well-being. Awareness was also



created of what constitutes drug misuse or abuse, including the misuse of prescription medications and risks associated with drug misuse.

Different sectors were reached and they were educated accordingly.



COMMUNITY ENGAGEMENT

HFN nurses in Ondo Town, Ondo conducted their community engagement in Lisaluwa Market. The community members were also educated on the importance of regular health check-ups and healthy living. A lot of questions were asked and answered, and misconceptions were



cleared accordingly. Prioritizing regular check-ups is a vital step towards a healthier life.



Nurse Ochigbo Grace conducted community engagement exercises with an association of women at Bamish Kuje area council in FCT Abuja. They were educated on the importance of various health

checks. They were also educated on how half measures with medical treatment could be risky, especially when it comes to managing blood pressure, as well as how incomplete treatment could lead to complications. People with high blood pressure readings were referred to the PHC for proper management.



In Ode-Irele community, Ondo state, the Okada riders and some passers-by were educated on hypertension and diabetes mellitus. After the education, free blood pressure and blood sugar checks were done for everyone that was present.



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About HFN IMPACT

HFN Impact is a monthly Newsletter.

**Dr. Oluwatosin
Olateju
(Founder FCFA)**



Our Donor Spotlight this month goes to **Dr. Oluwatosin Olateju**, Baptist Grammar School Iresi, Osun state was sponsored by her. You and other donors are the reason we can demonstrate such significant outcomes. HFN says a **BIG THANK YOU!!!**

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