

HFN IMPACT



Monthly Newsletter

Volume 02 | Issue 10 | HFN IMPACT

October 2022

Announcements

WELCOME! to the October 2022 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on the journey towards healthcare equity across Nigeria.

NEWS:

HAPPY NIGERIAN INDEPENDENCE DAY

Nurse A School Launch

- Junior Secondary School, Kayarda Abuja

Quarterly Lecture Series

- Importance of Disaster Preparedness and Management: From COVID19 to Monkeypox

End of the year Community Outreach Programs

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MEET OUR NURSES.



Pelumi Oke, RN

Pelumi is an experienced registered nurse who is efficient, and passionate about the delivering the best levels of care to patient. She possesses healthcare experience in a wide range of key nursing fields. Pelumi joined HFN as the school nurse in Ekiti and is quickly showing herself to be a reliable healthcare professional.



Kayode Iyabo Esther, RN

Esther is a registered nurse from Ekiti state. Possessed health care experience in a wide range of nursing fields. She joined HFN looking to broaden her scope and engage avenues for growth and development. She's quickly showing herself to be a competent health care provider.



Abimbola Abidoeye, RN

Abimbola is a registered nurse based in Oyo. She is driven to providing high standards of healthcare and increasing her productivity in the workplace. Abimbola joined HFN as a school nurse in Iseyin. She enjoys reading and cooking in her spare time.



Adeola Tosin Luro, BSc, RN

Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make a significant contribution to HFN. He joined our team as a school nurse in Ondo. Luro is a team player, quick learner, and can adapt to any challenging situation.



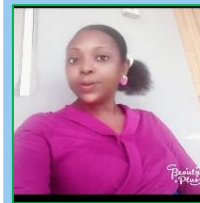
Boluwatife Adewoyin, RN

Boluwatife is a passionate Nurse. She's committed to improving health especially at the grassroot level, hence her involvement in several non-governmental organizations, most of which is directed towards helping secondary school students. She's currently the school Nurse in charge of the sick bay at St. Stephens Secondary School in Ondo State.



Opeyemi Akinpelu, RN

Opeyemi is a registered nurse with a reliable, caring, and empathetic personality aimed at improving health care delivery through effective interpersonal relationship and tactful patient care. Opeyemi joined HFN as a school nurse because of her interest in improving and impacting the health of teenagers particularly and life as a whole.



Favour Salami Iyabo, RN

Favour is a patient-focused and well-organized registered nurse with years of clinical experience. She is compassionate and patient care and delivering nursing service while maintain the code of ethics. Proficient in recommending changes in patient care through expertise in observing their needs. She is highly organized and able to multitask.



Victoria Ige, RN

Victoria is a compassionate, caring, and efficient Nurse committed to the well-being of people especially young adults with the passion for helping people of all ages in improving their quality of life through professional Nursing care and empathy.



Damilola Ayeni, RN

Nurse Damilola is a young and vibrant registered nurse. She is passionate about the care of children and adolescents, and previously worked as a pediatric nurse. She recently joined HFN as the school nurse in St. Louis Girls Secondary School, Ondo Town, Ondo State.



Grace Ochigbo, RN/RM

Nurse Ochigbo is a graduate of ABU school of nursing and midwifery. With over 28yrs working experience. within these years, her work had been more in schools as nursing Staff., she has passion caring for children. She joined our team as a school nurse in Abuja.

COMMUNITY ENGAGEMENT

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states. Apart from providing impactful clinical and educational services in public schools and rural communities, HFN nurses conduct health awareness education and promotion activities in their host communities to improve outcomes.



At Ekunle High school 1& 2 in Iseyin, Oyo State, Nurse Salami and Nurse Abidoye visited a garri factory and educated the workers on stress, and how to manage it.



It is important to remember that stress isn't the same for everyone. Figuring out what works for an individual may take some trial and error. A good start is to ensure you are taking care of yourself physically and emotionally and to experiment with different stress relief strategies to figure out what works best to relieve stress.



In Ekiti State, Nurse Oke Pelumi and Nurse Kayode Iyabo made home visitations over the break. They provided education and awareness to residents of their host communities over the school break and were well received.

They also provided basic health screening which included blood pressure and blood glucose measurements and referred individuals with measurements beyond the normal limits to PHC's.



COMMUNITY ENGAGEMENT (CONT'D.)



Nurse Adewoyin Boluwatife visited individuals that work at Ife Garage in Ondo City and educated the drivers and petty traders on the effects of hypertension and stress. She also counseled them on how to manage this and checked their blood pressure.

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE COURSES.
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL DELTA

HFN IMPACT SNAPSHOT



10 School Sickbays Established



Over 10000 Students Seen by HFN Nurses



Across 5 States and 10 Communities in Nigeria



Healthcare Services for 4000+ Nigerians



Over 500 Faculty and Staff attended to by HFN Nurses

EVENTS

NURSE A SCHOOL LAUNCH

HFN held the **CORNERSTONE GRACE SICKBAY** launch event at Kayarda Junior Secondary School in Kuje, Abuja. The event was held on 20th of September 2022.



HFN representatives were welcomed by the school principal, Mal. S. Garba Enagi, the Vice Principal, a representative of His Royal Highness Dadayaki of Kayarda community Mal. Saidu Ibrahim, members of the management committee, and a Universal Basic Education Board (UBEB) representative Mr. Adetunji Kola respectively. The launch event included a welcome



speech from the UBEb representative as well as drama, poetry, and cultural dance presentations by the students at the school.



Pictured below are images of the interior and front of the newly launched Sickbay.



HFN QUATERLY LECTURE SERIES

Importance of Disaster Preparedness and Management: From COVID19 to Monkeypox

On the 28th of September 2022, Health for Nigeria (HFN) hosted the third lecture of its quarterly Lecture Series. This lecture was delivered by our guest lecturer **Dr. Oluremi Adejumo, DNP, RN**. The lecture was titled - Importance of Disaster Preparedness and Management: From COVID19 to Monkeypox. Dr. Adejumo delivered an



September 28, 2022

Oluremi A. Adejumo, DNP, MS, RN
Assistant Professor, Univ. of Maryland School of Nursing

outstanding lecture filled with essential and transformative insights. The full video recording as well as all our previous lecture are available on our YouTube page.

HAPPY INDEPENDENCE DAY!

A hearty congratulations to Nigeria and all Nigerians as we celebrate our Independence Day, October 1st marking the 62nd year of Independence!



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THANK YOU to all our Donors, Sponsors and Partners.

DONOR SPOTLIGHT



Our donor spotlights this month goes to Bumi Adeyera. She is nurse entrepreneur based in the U.S. and is the founder and CEO of Above Standard Healthcare and Consulting. The Nurse a School Sickbay at Community Comprehensive High School in Awo, Ekiti State was sponsored by Bumi Adeyera and Above Standard Healthcare and Consulting. You and other donors are the reason we can demonstrate such significant outcomes in such a short period of time. HFN says a BIG THANK YOU!

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