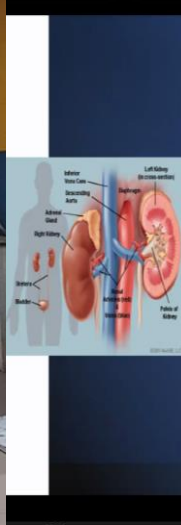


HFN IMPACT



Monthly Newsletter

Chronic Kidney Disease

Christina Johnson PhD, MPH, RN, NE-BC
Nephrology
November 18, 2023



Volume 03 | Issue 11 | HFN IMPACT

November 2023

Announcements

WELCOME! to the November 2023 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on the journey towards healthcare equity across Nigeria.

NEWS:

Nurse A School Launch

- Oreki Secondary School, Oghareki Delta (November 15th 2023)

Inside This Issue

PG.2

- MEET OUR NURSES

PG. 3

- QUARTERLY LECTURE
- UPCOMING PROJECTS
- HFN IMPACT SNAPSHOT

PG.4

- NURSE A SCHOOL ACTIVITIES

PG.5

- DONORS AND SPONSORS
- APPRECIATION
- ABOUT HFN IMPACT

MEET OUR NURSES.



Abiodun Tosin, RN

Tosin is a registered Nurse with over three years of experience. She is passionate about providing holistic nursing care and rendering professional services both in individualized and community settings. She's currently the nurse in charge at

Community Comprehensive High School, Awo-Ekiti.



Abimbola Abidoye, RN

Abimbola is a registered nurse based in Oyo. She is passionately driven by providing high standards of healthcare and increasing her productivity in the workplace. Abimbola joined HFN as a

school nurse in Iseyin. She enjoys reading and cooking in her spare time.



Nweke Esther, RN

Esther is a vibrant registered Nurse with seven years post-school-working experience. She has a very strong determination to excel professionally with a view of leaving an indelible mark for others to emulate, and for lives to be touched and transformed.



Seyifunmi Adebayo, RN

Seyifunmi is a registered nurse from Ekiti State. She joined HFN to contribute to the growth of the organization through the professional skills and training she has acquired.



Victoria Ige, RN

Victoria is a compassionate, caring, and efficient Nurse committed to the well-being of people especially young adults with the passion for helping people of all ages in improving their quality of life through professional Nursing care and empathy.



Adesina Naimot Ayobami, RN

Naimot is a registered nurse with over 2 years of professional experience. She is currently the Nurse in charge of the sickbay at Ekunle High school 2, Iseyin Oyo state. She's highly motivated and passionate about rendering holistic, patient-oriented care.



Omotosho Olufunmi, RN

Olufunmi is a passionate registered nurse highly motivated and passionate about the care of children and adults. She has tremendous experience working with the elderly and presently with the rising stars of St. Monica's Girls Grammar School Ondo.



Grace Ochigbo, RN/RM

Nurse Ochigbo is a graduate of ABU school of nursing and midwifery. She has extensive experience in caring for students and teachers in schools as a member of the nursing Staff. She has a passion for caring for children. She joined our team as a school nurse in Abuja.



Adekeye Omotayo Margaret, RN

Omotayo is a reliable, diligent, and dedicated Registered Nurse. She's well composed with good communication skills; she can quickly assess situations and convey data as needed. She believes in the well-being of adults and children. She joined HFN team as a school Nurse with the passion of helping teenagers and providing quality care.



Precious Adameji, RN

Precious is an enthusiastic Registered Nurse (RN) who is passionate about using necessary acquired knowledge and skills in ensuring quality nursing care delivery and problem solving, assessment, diagnosis, and plan of care for patients.



Anazie Rose, RN

Rose is a registered Nurse and midwife with many years of professional experience. She's passionate about implementing evidence-based nursing care and making positive impacts in the lives

of those she encounters.

HFN QUATERLY LECTURE SERIES Kidney Disease: A Silent but Deadly Killer

On the 18th of October 2023, Health for Nigeria (HFN) hosted its last quarterly Lecture Series for the year. This time, we were joined by **Dr. Sharona Johnson, PHD, FNP-BC**, System Administrator Advanced Clinical practice for ECU Health as our guest lecturer.



Dr. Johnson discussed the prevalence of chronic kidney disease in Nigeria, symptoms of the disease and leading causes. She provided some very helpful preventive mechanisms through lifestyle choices and current treatment practices.

We received tremendous positive feedback from participants, and we are grateful to Dr. Johnson and her colleagues for such an impactful and timely presentation.

We encourage you to watch the full recording on our YouTube page if you missed it, Link below.

<https://youtu.be/Ju8M0hsYNXw>

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA
- QUARTELY LECTURE SERIES

HFN IMPACT SNAPSHOT



11 School Sickbays Established



Over 15000 Students Seen by HFN Nurses



Across 6 States and 11 Communities in Nigeria



Healthcare Services for 5000+ Nigerians



Over 600 Faculty and Staff attended to by HFN Nurses

NURSE A SCHOOL ACTIVITIES

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states. In addition to providing impactful clinical and educational services at the schools.



Conjunctivitis is a disease that has become rampant in the community and through consistent education, HFN nurses impact the overall well-being of the community they serve in. At St. Monicas Grammar School in Ondo State, Nurse Omotosho educated the students on comprehensive understanding of conjunctivitis, its causes, symptoms, and management to promote eye health and reduce the risk of transmission.

Nurse Adesina educated the female students on **self-breast examination**. She explained the importance of breast health and early detection of breast related issues and presented the information in a sensitive and informative manner. Students also asked questions and sought guidance as needed.



As we continue to assist state governments in achieving basic primary healthcare goals for rural communities, our amazing team of healthcare professionals are committed to improving access to health care for all. Nurse Salami



Iyabo in Ekunle High School I Iseyin, Oyo state, during the last school health club activity can be seen educating the students on **good health practices**.



NURSE A SCHOOL ACTIVITIES

Health education on **nutrition** is vital and essential for students since it directly influences their energy levels, concentration, and overall health. Promoting proper nutrition among students can result in improved academic performance and overall wellbeing.



Nurse Nweke Esther at Methodist Girls High School in Ekiti State provided health education on **Menstrual Hygiene Management (MHM)** during the school's Assembly health talk. The students showed great receptiveness to the information. While in school, girls require an environment that is supportive of MHM to ensure regular school attendance and participation. Most girls reported learning about menstruation only at menarche and were unaware of the physiological basis of menstruation.



This image shows the before and after of a student who received treatment after hurting his foot while running in

St. Stephen Grammar School, Ondo. In St. Monica Grammar School Ibadan, a student also fell while running. The bleeding was controlled by the nurse prior to transporting the student to the hospital for further care.



DONORS

Bumi Adeyera | Dr. Adekunle Adeyeye
Mr. Kunle Akinjagunla | Mr. & Mrs. Akintola
Mrs. Oyeyemi Anthony | Mr. Adewale Adeselu
Dr. Kayode Bademosi | Mr. Ejiofor Chukwuelue
Mr. Kenneth Asiegbu | Mr. Ehizogie Esezobor
Dr. Dipo Fadayomi | Mr. and Mrs. Fadayomi
Mr. Wale Fajuyigbe | Mr. Joseph Ikeneku Mudiaga
The Ogunlaja Family | Mr. Oladapo Gbolade
Dr. Oluremi Ilupeju | Mr. Samuel Iroju
Mr. David Ikudayisi | Mr. Chijioke Ibekwe
Ms. Omokehinde Akintade | Mr. Nwabueze Okwodu
Mr. Oloyede Oladapo | Mr. Oladotun Olajide
Dr. Tunde Olujobi | Dr. Fola Oluwehinmi
Mr. Andrew Osazua | Mrs. Osho | Mr. John Osode
Mr. John Smith | Mrs. Sheila Zinentah
Mr. & Prof. Jolade

THANK YOU to all our Donors, Sponsors and Partners.

DONOR SPOTLIGHT

Omokehinde Akintade



Our Donor Spotlight this month goes to Omokehinde (Keni) Akintade, the founder of Rock Tower Inc., an institute for Professional Scrum Master education. On behalf of everyone at HFN, we would like to share our most sincere appreciation as you have sponsored an HFN nurse for a year... **THANK YOU!!!!**

PARTNERS

Above Standard Healthcare and Consulting
Acclaim Homecare Svc. | Food and Care For All
Friends of Obruch Eduvie
HERise Global | Incubator Africa
Josiah's Portmanteau | Cornerstone Grace
Legacy Premier Foundation
Makario Works | Medforte NG
Our Mite His Might
Prestige Healthcare Resources
Reliance Clinical Limited
Tade Healthcare Solutions
Teach For Nigeria | TheEzeWay
The New Nigerian
Queen Beauty Lounge

About HFN IMPACT

HFN Impact is a monthly Newsletter.

Follow us:

Twitter: @ OfficialHFN

Instagram: @ healthfornigeria

Facebook: @ healthfornigeria

YouTube: @ Health For Nigeria Foundation

To become a donor or sponsor, Contact us:

Email: info@healthfornigeria.org,

hfnfoundation@gmail.com

Call: +234 706 463 4724