

# HFN IMPACT



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June 2023

## *Announcements*

**WELCOME!** to the June 2023 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an IMPACT on the journey towards healthcare equity across Nigeria.

### **NEWS:**

#### **Nurse A School Launch**

- Oreki Secondary School, Oghareki Delta (Upcoming)

#### **Quarterly Lecture Presentation**

- Kidney Disease prevention (June 30<sup>th</sup> )

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## MEET THE TEAM.



### Prof. Bim Akintade (Founder)

Prof. Bim Akintade is the Associate Dean of the Master specialties at the University of Maryland. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals and more. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



### Ruth Fasanya (Senior Operation Coordinator)

Ruth is an articulate and accomplished administrative executive with over 4 years' experience in office administration and management. She has contributed significantly to organizational growth via innovative approaches to self-development.



### Olumide Obe (Leadership and Development Coordinator)

Olumide is an experienced Administrator at the University of Medical Science, Ondo. He is a community service-oriented officer, with vast experience in the areas of advancement and community/corporate relations.



### Luro Adeola (Nurse A School Nursing Coordinator)

Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make a significant contribution to HFN. Adeola joined HFN as the school nurse at our location in Ondo State and has grown into the role as the Nurse A School Program Coordinator.

## UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA
- QUARTELY LECTURE SERIES

## HFN IMPACT SNAPSHOT



11 School Sickbays Established



Over 15000 Students Seen by HFN Nurses



Across 6 States and 11 Communities in Nigeria



Healthcare Services for 5000+ Nigerians



Over 600 Faculty and Staff attended to by HFN Nurses



## NURSE A SCHOOL ACTIVITIES

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states. As the schools resumed for their second term, health inspection initiatives were conducted by our nurses.



Pupils should be safe in school and when undertaking out-of-school activities. The risk management to keep them



safe should be proportionate to the nature of the activities. HFN nurses continue to manage the risk of injuries or serious illness from the spread of viruses.

**“Hand hygiene is an important lifetime habit for staying healthy.”** This is a way we can reduce the risk of contracting infections such as flu, and other respiratory viruses and gastrointestinal illnesses. Teaching children proper hand washing



techniques at an early age is a good way to encourage a



lifelong habit. This exercise was carried out in all HFN schools. The nurses make students and teachers feel good about hand washing by tying it to fun activities.

## NURSE A SCHOOL ACTIVITIES

Nurse Adekeye Margaret engaged and educated the students during the assembly gathering in Baptist Grammar School Iresi, Osun. She discussed personal hygiene and good hygiene habits. Being able to talk openly and honestly about keeping clean is important.



Personal hygiene can be a sensitive subject to



discuss with students. It is important to instill good hygiene practices early on to prevent cavities, infections, and other health problems. Nurse Omotosho & Nurse Eniafe discussed these topics during the all-school Assembly in St. Monica Girls Secondary School, Ondo.

The pictures on the left and below depicts a student with a large leg laceration at Baptist



Grammar School, Iresi. before and after receiving treatment.

Health For Nigeria remains committed to improving access to health care for all.





## NURSE A SCHOOL ACTIVITIES



assembly ground.

At St. Stephen's Grammar school, Ondo, Nurse Adekeye engages with students during health club activities. She is seen here with students answering questions. This provides an opportunity for students to take an active role in their health and wellbeing.



During the first week of resumption, Ruth Fasanya, HFN's Senior Operations Coordinator visited some of our schools in Ekiti & Ondo State respectively. This provided an opportunity to engage stakeholders, address challenges and to provide support to the nurses.

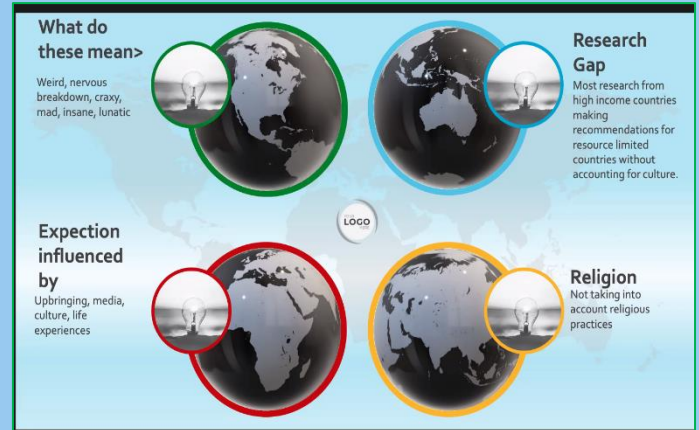
Ruth is seen here with Nurse Luro and the Principal of a school in Ondo. At HFN, we are constantly reminded of our impact on the health and wellbeing of the students, teachers, and staff.



## EVENTS

### MONTHLY WORKSHOP TRAINING FOR HFN NURSES

On the 27<sup>th</sup> of May 2023, Health for Nigeria (HFN) hosted its monthly workshop training for the Nurse A School Program nurses. **Dr. Charlotte Nwogwugwu** was our guest Lecturer and the topic discussed was “**The Psychiatric Mental Health nurses, Roles, Responsibility and opportunities**”.



The lecture provided insights into key aspects of mental health challenges, common psychiatric conditions, personality disorders, standards of practice and the roles to psychiatric mental health nurse play. This lecture also provided an opportunity to share skills and helpful recommendations with the nurses who typically encounter behavioral challenges with students to include drug overdose, undiagnosed mental health challenges, etc.



Dr. Nwogwugwu is seen here discussing common psychiatric conditions.

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THANK YOU to all our Donors, Sponsors and Partners.

## DONOR SPOTLIGHT

### THE STUDENT HEALTH CENTER (ECU)

Our donor spotlight for this month goes to Dr. LaNika Wright and the entire staff of the ECU Student Health Center. We are grateful to them for their contributions and help with medical equipment for our schools. HFN says a BIG THANK YOU!



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