

# HFN IMPACT



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July 2023

## *Announcements*

**WELCOME!** to the July 2023 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on the journey towards healthcare equity across Nigeria.

### **NEWS:**

#### **Nurse A School Launch**

- Oreki Secondary School, Oghareki Delta (Upcoming)

#### **Quarterly Lecture Presentation**

- Kidney Disease prevention (July)

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## MEET THE HFN ADVISORY BOARD



### Dr. Remi Duyile

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a project manager with over 35 years of combined experience. Dr. Duyile is member of Forbes Coaching Council and founder of Legacy premier foundation she is also a certified John Maxwell coach, and a Les Brown Platinum Speaker and trainer.



### Dr. Oluremi Ilupeju

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist, and a fellow of the American College of Obstetricians and Gynecologists, with offices in Greenbelt and Silver Spring, Maryland, USA. Dr. Ilupeju has contributed immensely to healthcare advancement in Nigeria, evident through his trade and humanitarian missions to Osun, Ondo, Lagos, and Oyo states.



### Dr. Fola Oluwehinmi

Dr. Oluwehinmi is a primary care physician board certified in internal medicine and geriatrics with over 16 years of clinical experience and 29 years of combined professional experience. His goal is to help his patients compress morbidity and illness and improve quality of life in a compassionate and caring way.



### Mr. Mkrtich Kirakosyan

Mr. Kirakosyan earned an MBA from the Higher School of Business Moscow State University. He has experience in the local and international trading business as well as experience working as a top manager of a bank, an insurance company, and a mining company. He is the co-founder and CEO of the Social Development Foundation "Health For Armenia"

## UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA
- QUARTELY LECTURE SERIES

## HFN IMPACT SNAPSHOT



11 School Sickbays Established



Over 15000 Students Seen by HFN Nurses



Across 6 States and 11 Communities in Nigeria



Healthcare Services for 5000+ Nigerians



Over 600 Faculty and Staff attended to by HFN Nurses



## NURSE A SCHOOL ACTIVITIES

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states.

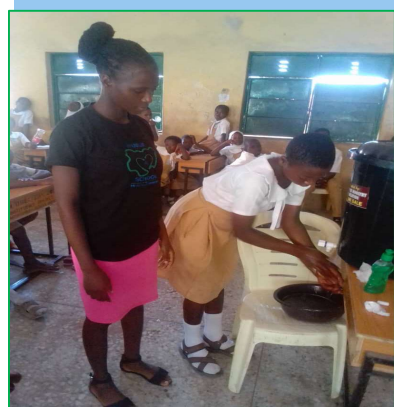


CPR in Schools is an educational program designed to teach middle and high school students, teachers, and staff the first aid skills they need to be

prepared to act in an emergency. The program enables students to learn the lifesaving skills of CPR. HFN nurses provided opportunities to train the students, and give students repeated opportunities to practice each skill and received helpful feedback on their performance.



Handwashing is a simple yet powerful practice that can significantly impact our health and well-being. It is a vital step in preventing the spread of infectious diseases. As a



healthcare organization we are committed to promoting good hygiene practices. We believe that educating everyone, especially secondary school students about proper handwashing techniques is crucial in safeguarding their health and the health of others around them.



## NURSE A SCHOOL ACTIVITIES

Nurse Akinbode Victoria engaged and educated the students during the assembly gathering in Methodist



Girls Grammar School, Ifaki, Ekiti State. She discussed how to maintain a balanced diet which is crucial for students as it provides them with the necessary nutrients for growth, development, and optimal cognitive function.



Choking is a serious and potential life-threatening emergency that can happen to anyone, including secondary school students. It is essential for students to be aware of **choking risks and how to respond quickly and effectively if they or someone else is choking.**



Menstruation is a natural and normal biological process. It can be a sensitive and private subject for many individuals, most importantly teenagers. This picture was taken during an interaction with some female students at

Bashorun Ojoo High School, Ibadan, where Nurse Abidoye fostered a positive and informative discussion on menstrual hygiene.



## NURSE A SCHOOL ACTIVITIES



At Comprehensive High School Ode-Irele, Ondo, Nurse Precious Adameji engages with students during Health Club activities on the topic of Nutrition. Educating students about the

importance of proper nutrition and fostering healthy eating habits can help them establish a strong foundation for lifelong health and wellbeing. It can also improve concentration, support physical growth,



and boost immune function.

At HFN, nurses engage in basic student health inspections on the assembly grounds to ensure safety measures, minimize potential health risks, create a safe environment, and promote public health. This is a picture from Ekunle High School 2, Iseyin Oyo State during health inspections by Nurse Salami Iyabo.



The before and after pictures of a student who was treated in the HFN clinic. A student fell and had a facial laceration during her break in Ekunle High School 2, Iseyin Oyo State.



## EVENTS

### CARDIOPULMONARY RESUSCITATION WORKSHOP

The train-the-trainer session for the Health for Nigeria (HFN) nurses on cardiopulmonary resuscitation (CPR) skills facilitated was conducted by Prof. Elsie Jolade, Clinical Professor and Graduate Coordinator, Adult-Gerontology Clinical Nurse Specialist Program at Hunter-Bellevue School of Nursing, New York. The workshop was conducted at St. Monica's Girls Grammar School on 4th of July, 2023. Staff members of the school and school prefects were also educated on the importance of CPR skills in emergency situations. Mr. Fred & Prof. Elsie Jolade donated a CPR mannequin to HFN, and promised to continue to support our work.



Pictures from the event.



## DONORS

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**THANK YOU** to all our Donors, Sponsors and Partners.

## SPOTLIGHT

### FAREWELL TO NURSE SALAMI IYABO



All of us at HFN would like to thank Nurse Salami Iyabo for her selfless service during her time at Ekunle High School 2 as HFN school nurse. We pray for many successes in your future endeavors. HFN says a big thank you for a Job well done.

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