

HFN IMPACT



Monthly Newsletter

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February 2024

Announcements

WELCOME! to the February 2024 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on this journey towards primary healthcare equity across Nigeria.

NEWS:

Nurse A School Launch

- Erin Ijesha Community High School, Osun State

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MEET OUR NURSES.



Abiodun Tosin, RN

Tosin is a registered nurse with over three years of experience. She is passionate about providing holistic nursing care and rendering professional services both in individualized and community settings. She's currently the nurse in charge at

Community Comprehensive High School, Awo-Ekiti.



Abimbola Abidoeye, RN

Abimbola is a registered nurse based in Oyo. She is deeply committed to delivering top-tier healthcare and enhancing her productivity in the professional sphere. Currently serving as

the school nurse in Iseyin through HFN, she brings passion and expertise to her role. In her leisure moments, she finds joy in immersing herself in books and exploring the art of cooking.



Nweke Esther, RN

Esther is a vibrant registered nurse with seven years post-school-working experience. She is steadfast in her pursuit of professional excellence aiming to leave a lasting impact that inspires others and brings about meaningful transformation

in the lives she touches.



Seyifunmi Adebayo, RN

Seyifunmi is a registered nurse from Ekiti State. She joined HFN to contribute to the growth of the organization through the professional skills and training she has acquired.



Victoria Ige, RN

Victoria is a compassionate and efficient nurse, deeply committed to enhancing the well-being of individuals, particularly young adults. She harbors a profound passion for improving the quality of life for people across all age groups through her professional nursing care and genuine empathy.



Adesina Naimot Ayobami, RN

Naimot is a registered nurse with over 2 years of professional experience. She is currently the nurse in charge of the sickbay at Ekunle High school 2, Iseyin Oyo state. She's highly motivated and passionate about rendering holistic, patient-oriented care.



Omotosho Olufunmi, RN

Olufunmi is a registered nurse, who is highly motivated and passionate about the care of children and adults. She has tremendous experience working with the elderly and currently works with the rising stars of St.

Monica's Girls Grammar School Ondo.



Grace Ochigbo, RN/RM

Nurse Ochigbo is a graduate of ABU school of nursing and midwifery. She has extensive experience in caring for students and teachers in schools as a member of the nursing Staff. She has a passion for caring for children. She

joined our team as a school nurse in Abuja.



Adekeye Omotayo Margaret, RN

Omotayo is a reliable, diligent, and dedicated registered nurse. She's well composed with good communication skills; she can quickly assess situations and convey data as needed. She believes in the well-being of adults and children.

She joined HFN team as a school nurse with the passion of helping teenagers and providing quality care.



Precious Adameji, RN

Precious is an enthusiastic registered nurse who is passionate about utilizing her acquired knowledge and skills to ensure the delivery of quality nursing care. She excels in problem-solving, assessment, diagnosis, and creating comprehensive care plans for

patients.

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL ERIN IJESHA LAUNCHING EVENT
- QUARTERLY LECTURE SERIES

HFN IMPACT SNAPSHOT



12 School Sickbays Established



Over 21000 Students Seen by HFN Nurses



Across 6 States and 12 Communities in Nigeria



Healthcare Services for 6000+ Nigerians



Over 700 Faculty and Staff attended to by HFN Nurses

EVENTS

On 13th February 2024, Dr. Abimbola Akintade, our founder, joined Channels Television to discuss the impact of Health for Nigeria in helping achieve primary healthcare equity in Nigeria.

You can watch the full video of the interview using the link below.

https://youtu.be/Ewe87IBiFm8?si=VFO3RKBP31_FdUz&t=719

NURSE A SCHOOL ACTIVITIES

The nurses at HFN persist in showcasing the significant strides made by the organization through the Nurse A School (NAS) program, aimed at positively influencing communities across our partner states. Additionally, they emphasize the multifaceted approaches to sustaining overall well-being within the schools, underlining the comprehensive care and support provided.

Nurse Adesina Naimot in Ekunle High School 2 Iseyin, Oyo state, can be seen educating the students on healthy lifestyle habits and emphasizing the importance of regular exercise, balanced nutrition, and sufficient sleep during the assembly health talk.



She motivated the students to engage in physical activities they enjoy, promoting both physical and mental well-being. She also discussed the importance of preventive measures, such as vaccinations and regular health check ups. She stressed the importance of a good night's sleep for overall health and academic performance.

NURSE A SCHOOL ACTIVITIES

Hygiene is not just a set of rules; it's a lifestyle that directly influences our health, social interaction, and overall quality of life. By embracing good hygiene practices, we not only safeguard ourselves but also contribute to the well-being of the broader community. HFN nurses make a collective effort to prioritize hygiene through educating the students, and creating a healthier and happier environment for everyone.



At St. Monica's Grammar School in Ondo State, Nurse Omotosho can be seen conducting the Assembly Routine Check. Hygiene is a social responsibility where personal cleanliness is prioritized.

Nurse Precious Adameji educated students during a Health Club meeting at Comprehensive High School, Ode-Irele, Ondo, on hydration and water safety. She explained the importance of proper hydration for optimal physical performance, emphasizing that adequate hydration ensures muscles and joints function efficiently during physical activities, thereby



contributing to improved athletic performance. Benefits of staying hydrated include temperature regulation, which prevents overheating during exercise or hot weather. Additionally, hydrated skin appears healthier and can better withstand environmental factors, contributing to a more vibrant and youthful appearance.



NURSE A SCHOOL ACTIVITIES



During the Interhouse Sports Competition at St. Monica's Secondary School, Ondo State, Nurse Omotosho served as the first responder. Our nurses are equipped with knowledge of emergency care practices. Additionally, they coordinate the members of the School Health Club to participate in sports activities and promote overall well-being.

Nurse Nweke Esther at Methodist Girls High School in Ekiti State provided health education on the **Risks and Consequences of Substance Abuse** during the school's Assembly Health Talk. The students showed great receptiveness to the information. Substance abuse can have severe health



consequences, impacting vital organs such as the brain, heart, liver, and lungs. It can also negatively affect academic performance, leading to poor grades, attendance issues, and potential derailment of future career opportunities. HFN nurses in their various locations are present to remind students that their choices today may shape their future.



This image shows the before and after of a student who received treatment for burns at Comprehensive High School, Ode-Irele, Ondo.

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THANK YOU to all our Donors, Sponsors and Partners.

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SPOTLIGHT

**Dr. John Smith of
Prestige Healthcare
Resources**



In our donor spotlight for this month is Mr. John Smith, the founder of Prestige Healthcare Resources, on behalf of everyone at HFN, we would like to share our most sincere appreciation as Basorun Ojoo Highschool Nurse A School project in Ibadan, Oyo State, was partially funded by Prestige Healthcare Resources.

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To become a donor or sponsor, Contact us:

Email: info@healthfornigeria.org,

hfnfoundation@gmail.com

Call: +234 706 463 4724