

HFN IMPACT



Monthly Newsletter

Volume 02 | Issue 08 | HFN IMPACT

August 2022

Announcements

WELCOME! to the August 2022 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an IMPACT on the journey towards healthcare equity across Nigeria.

NEWS:

Nurse A School Project

- St. Louis Girls Secondary School, Ondo
- Junior Secondary School, Kayarda Abuja

Monthly Nurses Workshop Training presentation

- Care Providers or Victims: The challenge of Workplace Violence (WPV) against Nurses

Quarterly Lecture series

- (Details coming soon)

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MEET THE HFN ADVISORY BOARD



Dr. Remi Duyile

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a project manager with over 35 years of combined experience. Dr. Duyile is member of Forbes Coaching Council and founder of Legacy premier foundation she is also a certified John Maxwell coach, and a Les Brown Platinum Speaker and trainer.



Dr. Oluremi Ilupeju

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist, and a fellow of the American College of Obstetricians and Gynecologists, with offices in Greenbelt and Silver Spring, Maryland, USA. Dr. Ilupeju has contributed immensely to healthcare advancement in Nigeria, evident through his trade and humanitarian missions to Osun, Ondo, Lagos, and Oyo states.



Dr. Fola Oluwehinmi

Dr. Oluwehinmi is a primary care physician board certified in internal medicine and geriatrics with over 16 years of clinical experience and 29 years of combined professional experience. His goal is to help his patients compress morbidity and illness and improve quality of life in a compassionate and caring way.



Mr. Mkrtych Kirakosyan

Mr. Kirakosyan earned an MBA from the Higher School of Business Moscow State University. He has experience in the local and international trading business as well as experience working as a top manager of a bank, an insurance company, and a mining company. He is the co-founder and CEO of the Social Development Foundation "Health For Armenia"

OUR PROJECTS

We have started our quarterly Lecture Series that cover a wide range of medical, healthcare and leadership topics delivered by local and international guest lecturers.

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE PROGRAM
- ADOPT A PHC PROJECT/ GRANT
- NURSE A SCHOOL ABUJA
- PANEL DISCUSSION

HFN IMPACT SNAPSHOT



10 School Sickbays Established



Over 10000 Students Seen by HFN Nurses



Across 5 States and 10 Communities in Nigeria



Healthcare Services for 4000+ Nigerians



Over 300 Faculty and Staff attended to by HFN Nurses

NURSE A SCHOOL ACTIVITIES

This month we are highlighting the various efforts HFN has made through the Nurse A School program to impact communities across partnering states.



Pictures from the Baptist Grammar School, Iresi Osun State during the Health Club meeting, Nurse Akinpelu educated the students on **vomiting and diarrhea, including causes, treatments and remedies.**

An oral rehydration solution, or ORS, is a great way to replace fluids and nutrients lost through vomiting and diarrhea. She taught the students a song on ORS during the meeting to give them a better understanding.



Nurse Ige Victoria at Bashorun Ojoo High school, Ibadan educated the students on **Menstrual Hygiene Management (MHM)** during the School Health Club meeting. While in school, girls require an environment that is supportive of menstrual

hygiene management in order to ensure regular school attendance and participation. Most girls reported learning about menstruation only at menarche and did not know the physiological basis of menstruation. We encourage our nurses to keep educating the students in managing menstruation both in school and at home.



NURSE A SCHOOL ACTIVITIES (CONT'D)



Nurse Ochigbo Grace, HFN's most recently recruited nurse at Kayarda Junior Secondary School, Kuje, Abuja, has begun conducting activities with the students. She

reported to the school in July and is eager to start making an impact.

Nurse Ochigbo educated the students on **Personal and Environment Hygiene.** She gave a general overview of health, sanitation and environmental issues in the community and in schools. A health promoting school is one that constantly strengthens its capacity as a healthy setting for living, learning and working. HFN's ideal position is to impact life, promote and maintain the health of children, young people, school staff and the wider community.



Nurse Kayode Esther at Comprehensive High School, Awo Ekiti, Ekiti State during the Health Club meeting, educating the students and keeping them engaged

regarding various aspects of their health as well as empowering them to make healthier decisions as the grow and develop.



NURSE A SCHOOL ACTIVITIES (CONT'D)



Nurse Luro Adeola at Comprehensive High School, Ode-Irele, Ondo State educated students on **Wound Management and First Aid**. Applying appropriate first aid to a wound can speed up the healing process and reduce the risk of infection. Wounds including minor

cuts, lacerations, bites, and abrasions can be treated with first aid.

It is documented that the knowledge of first aid promotes a safer and healthier environment. HFN has nurses who are well equipped with first aid skills that contribute to enhancing the safety of the students and teachers in the schools. He demonstrates strategies to manage wound using first aid principles.



CONGRATULATIONS

We celebrate our Founder, Professor Abimbola Akintade on his new position as **Dean and Professor, East Carolina University College of Nursing, USA**. Thanks for continually inspiring us to greater heights!



EVENTS

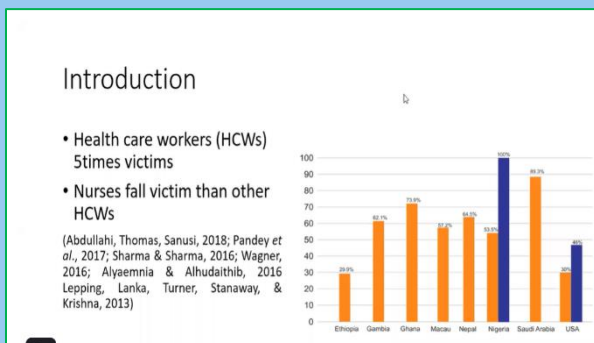
MONTHLY WORKSHOP TRAINING FOR HFN NURSES

On the 15th of July 2022, Health for Nigeria (HFN) hosted its monthly workshop training for the nurses. This presentation was titled **“Care Providers or Victims: The challenge of Workplace Violence (WPV) against Nurses”**. We provide a platform for our nurses to broaden their scope and to add value to their time working with HFN. This lecture was delivered by **Miss Mercy Aladegboye. B. NSc, M.NSc.**

Care Providers or Victims: The Challenge of Workplace Violence (WPV) against Nurses
By
Aladegboye M.K.



The webinar and open discussion included the **typology of violence, conceptual framework, risk factors of workplace violence, causes, consequences, prevention, and implication for nursing**. She shared the graph of a study conducted across different countries demonstrating the prevalence of healthcare workplace violence.



The video recording as well as all our previous lectures is available on our YouTube page.

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THANK YOU to all our Donors, Sponsors and Partners.

DONOR SPOTLIGHT

Ms. Cherissa Jackson



Our donor spotlight for this month goes to **Ms. Cherissa Jackson**. She is a passionate author and speaker, single mother of twin daughters, and determined ambassador and advocate for patients and Veterans with Post-Traumatic Stress Disorder (PTSD). She is sponsoring the renovation, purchase of medical equipment and hiring of a school nurse for an HFN Clinic. You and other donors are the reason we can demonstrate such significant outcomes in such a short period of time. HFN says a **BIG THANK YOU!!!**

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