

HFN IMPACT



Volume 03 | Issue 04 | HFN IMPACT

April 2023

Announcements

WELCOME! to the April 2023 issue of HFN IMPACT. We are excited to continue to share our activities, updates, and projects with you as we make an **IMPACT** on the journey towards healthcare equity across Nigeria.

NEWS:

Nurse A School Launch

- Oreki Secondary School, Oghareki Delta (Upcoming)

Quarterly Lecture Presentation

- Importance of Healthy Mental Health in a Period of Political and Economic Crisis in Nigeria

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MEET THE HFN ADVISORY BOARD



Dr. Remi Duyile

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a project manager with over 35 years of combined experience. Dr. Duyile is a member of Forbes Coaching Council and founder of Legacy premier foundation she is also a certified John Maxwell coach, and a Les Brown Platinum Speaker and trainer.



Dr. Oluremi Ilupeju

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist, and a fellow of the American College of Obstetricians and Gynecologists, with offices in Greenbelt and Silver Spring, Maryland, USA. Dr. Ilupeju has contributed immensely to healthcare advancement in Nigeria, evident through his trade and humanitarian missions to Osun, Ondo, Lagos, and Oyo states.



Dr. Fola Oluwehinmi

Dr. Oluwehinmi is a primary care physician board certified in internal medicine and geriatrics with over 16 years of clinical experience and 29 years of combined professional experience. His goal is to help his patients compress morbidity and illness and improve quality of life in a compassionate and caring way.



Mr. Mkrtich Kirakosyan

Mr. Kirakosyan earned an MBA from the Higher School of Business Moscow State University. He has experience in the local and international trading business as well as experience working as a top manager of a bank, an insurance company, and a mining company. He is the co-founder and CEO of the Social Development Foundation "Health For Armenia"

UPCOMING PROJECTS

- HEALTHCARE LEADERSHIP AND MANAGEMENT CERTIFICATE COURSES.
- ADOPT A PHC PROJECT/GRANT
- NURSE A SCHOOL DELTA
- NURSE A SCHOOL ERIN-IJESHA

HFN IMPACT SNAPSHOT



11 School Sickbays Established



Over 15000 Students Seen by HFN Nurses



Across 6 States and 11 Communities in Nigeria



Healthcare Services for 5000+ Nigerians



Over 600 Faculty and Staff attended to by HFN Nurses



HEALTH
FOR
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HEAL . LEAD . TRANSFORM

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NURSE A SCHOOL ACTIVITIES

This month we are highlighting the various efforts HFN has made through the Nurse A School (NAS) program to impact communities across partnering states. In addition to providing impactful clinical and educational services at the schools, HFN Nurses conduct health awareness education and promotion activities in their host communities to improve outcomes.



Every year, an estimated 21 million girls aged 15-19 years old in developing regions become pregnant and approximately 12 million of them give birth. Several factors contribute to adolescent pregnancies and births. HFN nurses

put much effort into educating all students, most especially female students. The picture above shows Nurse Ajibade Adeola in Methodist Girls High School, Ifaki-Ekiti educating students on the assembly ground where she discussed Teenage pregnancy, risk and protective factors related to it.



Nurse Adekeye in Baptist Grammar School Iresi, Osun State engaged the students during a scheduled School Health Club meeting.

Nurse Adekeye also served as a first responder during the Interhouse Sport Competition among schools in the community where we have the HFN Sickbay. We also extend health services to other school when the need arises.



NURSE A SCHOOL ACTIVITIES



HFN nurses educate students regarding grooming and how to become leaders of tomorrow. Nurse Ige Victoria encourages members of the School Health Club to give presentations at the

all-school assembly.

Picture from St. Monica Secondary school, Ondo during health education on the assembly ground where the School Health Club members discussed health promotion and disease prevention strategies.



Nurse Salami (above) educated students on **personal and environmental hygiene**. She gave a general overview of health, sanitation, and environmental issues in the local community and the state.

A health promoting school is one that constantly strengthens its capacity as a healthy setting for living, learning, and working. HFN's ideal position is to impact life, promote and maintain the health of children, young adults, school staff and the wider community.





Students at Ekunle High School 1, Iseyin are seen here during an assembly health talk on **Lassa Fever**. Nurse Abidoeye noticed the outbreak in the state and

used the opportunity to bring awareness to the school. She discussed causes of lassa fever, symptoms, and how to prevent it. She also conducted a general inspection during the all school assembly.



As we continue to assist state governments in achieving basic primary healthcare goals for rural communities, our amazing team of healthcare professionals are committed to improving access to health care for all.



Before and After a student hurt her foot while running in St. Monica's Girls Grammar School, Ondo.

In Basorun Ojoo High School Ibadan, a student was assaulted by another student. Bleeding was controlled by the nurse prior to transporting the student to the hospital for further care.



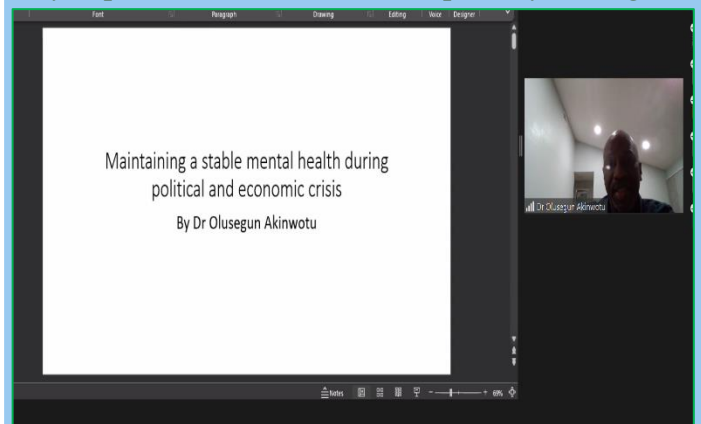
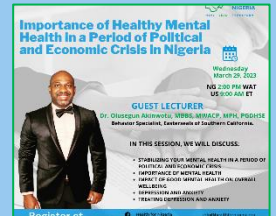
Picture of a JSS3 student at Community Comprehensive High School Awo Ekiti, who fractured his left upper arm while playing with his friends. The fractured arm was immobilized, and the student was transported to the hospital for further care.



HFN QUATERLY LECTURE SERIES

Importance of Mental Health in a Period of Political and Economic Crisis in Nigeria

On the 29th of March 2023, Health for Nigeria (HFN) hosted the first lecture of its quarterly Lecture Series for the year. This time, we were joined by **Dr. Olusegun Akinwotu, MBBS, MWACP, MPH, PGDHSE**, Behavior Specialist, Easterseals of Southern California as our guest lecturer. The lecture provided insights into key aspects of mental health, especially during



political and economic crisis in Nigeria. Dr. Akinwotu also discussed symptoms, diagnosis and management of anxiety, depression, and other common behavioral health conditions. He provided some very helpful strategies to manage one's mental health during the challenging economic climate in Nigeria.

We received tremendously positive feedback from participants, and we are grateful to Dr. Akinwotu for such an impactful and timely presentation.

We encourage you to watch the full recording on our YouTube page if you missed it, Link below.
<https://youtu.be/4ZnVBub5tSw>

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THANK YOU to all our Donors, Sponsors and Partners.

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Bunmi Adeyera



The Nurse a School Sickbay at Community Comprehensive High School in Awo, Ekiti State was sponsored by her and Above Standard Healthcare and Consulting. You and other donors are the reason we can demonstrate such significant outcomes in such a short period of time. HFN says a BIG THANK YOU!

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To become a donor or sponsor, Contact us:

Email: info@healthfornigeria.org,

hfnfoundation@gmail.com

Call: +234 706 463 4724