



Stop the Bleed Training for School Nurses

Professor Abimbola Akindade
Founder
Health For Nigeria

STOP THE BLEED

SAVE A LIFE

STOP THE BLEED® Course
American College of Surgeons

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THE COMMITTEE ON TRAUMA

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HEALTH FOR NIGERIA ANNUAL REPORT 2023

OBJECTIVES

1. About Health For Nigeria
2. Nurse A School Program
3. Learning & Development Program
4. Our Donors & Partners



HEALTH FOR NIGERIA (HFN).

We are a non-profit health organization that assists state governments in achieving their basic primary healthcare goals.

Our amazing team of healthcare professionals and leaders are committed to improving access to health care for all Nigerians.



OUR MISSION

To mobilize a movement of leaders and expand access to high-quality primary medical care services for all Nigerians.

OUR VISION

We envision a Nigeria where all people, regardless of their geographic or socio-economic circumstances, can access high-quality and affordable primary medical care services without any hindrances.

MEET OUR ADVISORY BOARD



DR. REMI DUYILE

Dr. Duyile is an accomplished international executive leader and former Vice President of Bank of America. She is a member of Forbes Coaching Council and founder of Legacy premier foundation she is also a certified John Maxwell coach, a Les Brown Platinum Speaker and trainer.



DR. FOLA OLUWEHINMI

Dr. Oluwehinmi is a primary care physician board certified in internal medicine and geriatrics with over 16 years of clinical experience and 29 years of combined professional experience. His goal is to help his patients compress morbidity and illness and improve quality of life in a compassionate and caring way.



DR. OLUREMI ILUPEJU

Dr. Oluremi Ilupeju is a board-certified obstetrician-gynecologist, and a fellow of the American College of Obstetricians and Gynecologists, with offices in Greenbelt and Silver Spring, Maryland, USA. He has contributed immensely to healthcare advancement in Nigeria, evident through his trade and humanitarian missions.



MR. MKRTICH KIRAKOSYAN

Mr. Kirakosyan earned an MBA from the Higher School of Business Moscow State University. He has experience in the local and international trading business as well as experience working as a top manager of a bank, an insurance company, and a mining company. He is the co-founder and CEO of the Social Development Foundation "Health For Armenia"

THE LEADERSHIP



**PROF. BIM AKINTADE
(FOUNDER)**

Dr. Bim Akintade is a Professor and Dean of the College of Nursing at East Carolina University, Greenville, North Carolina. He is a well-rounded clinician with leadership experience in universities, tertiary care hospitals, and more. He founded HFN to give back to Nigeria and is driven by a strong passion for transformative healthcare change.



**RUTH FASANYA
(Senior Operations Coordinator)**

Ruth is an articulate and accomplished HR/Administrative executive with over 5 years' experience in office administration and management. She has contributed significantly to HFN's organizational growth via innovative approaches through self-development.



**LURO ADEOLA
(Nurse A School Nursing Coordinator)**

Adeola is a highly motivated registered nurse with a bachelor's degree in public health. He is interested in fully utilizing his professional training and skills to make significant contributions to HFN. Adeola joined HFN as the school nurse and has grown into the role as the Nurse A School Program Coordinator.

OUR NURSES



Abisoye Abimbola RN
Ekinle High School 1, Iseyin



Ige Victoria RN
Bashorun Ojoo High School, Ibadan



Ochigbo Grace RN/RM
JSS Kayarda, Kuje Abuja



Adebayo Sefunmi RN
St. Stephen Grammar School, Ondo



Adekeye Margaret RN
Baptist Grammar School, Iresi
Osun

2023 NEW HIRES



Omotosho Olufunmi RN
St. Monica Grammar School,
Ondo



Adameji Precious RN
Comprehensive High School,
Ode-Irele, Ondo



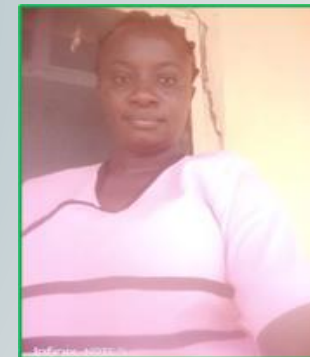
Adesina Naimot RN
Ekunle High School 2, Iseyin
Oyo state



Abiodun Tosin RN
Community Comprehensive
High School, Awo Ekiti



Nweke Esther RN
Methodist Girls High School,
Ifaki, Ekiti








Anazie Rose
Oreki Secondary School,
Oghareki, Delta

3 YEARS OF IMPACT

Health For Nigeria has reached more than 21,000 students in 11 communities across 6 states in Nigeria. In 2023 alone, our services were accessible to a combined population of 12,000 students and staff members.

We have also been able to provide healthcare services to 6,000+ Nigerians since our inception.

	12 School Sickbays Established
	Over 21,000 Students Seen by HFN Nurses
	Across 6 States and 12 Communities in Nigeria
	Healthcare Services for 6,000+ Nigerians
	Over 700 Faculty and Staff Attended to by HFN Nurses

WHAT IS NURSE A SCHOOL (NAS) PROGRAM?

The Nurse-A-School program is a significant initiative for promoting health in Nigeria, providing accessible healthcare services to schools, particularly in underserved rural communities. The program offers healthcare services through direct treatments, counseling, and health education to students and staff in public secondary schools, thereby enhancing their health and knowledge about health and diseases.

Between 2020 and 2023, Health for Nigeria has been dedicated to implementing health-oriented initiatives that have significantly contributed to the overall development, maintenance, and restoration of health among students, staff, and host communities. Our services are accessible to a combined population of 21,000 students and staff members. In 2023, we successfully reached out to various groups within the communities, benefiting approximately 1,000 community members through several community engagement outreaches. Among these, 580 individuals underwent Blood Pressure and Blood Sugar tests for early detection and referral purposes. The School Health Clubs, established in all schools, continue to make a positive impact, with a total attendance of 8,026 recorded.

The program was launched on 19th November 2020 at Bashorun/Ojo High School in Ibadan, Oyo state, Nigeria. Since its inception and launch, the program has been expanding and growing. With the inclusion of the Delta State program, we are now established and operational in 12 schools across six states in Nigeria (Oyo, Ondo, Ekiti, Osun, Delta, and Abuja).

NAS GENERAL REPORT FOR 2023

- The program is currently running in 11 schools across 6 states (3 in Ondo, 3 in Oyo, 2 in Ekiti, 1 in Abuja, and 1 in Osun state).
- The activities for the school year started January 9, 2023, and ended December 15th, 2023. Students, teaching staff, and non-teaching staff with diverse health complaints were well attended to in the sick bay.
- The total number of sickbay visits for the year was 6,400 visits from our 11 sickbays.

NURSE A SCHOOL PROGRAM

- Assembly health education was done by all the nurses on several topics (COVID 19, malaria, deworming, hand washing, infection control, personal hygiene, etc.).
- Assembly health inspection was regularly conducted by all the nurses where the personal hygiene of the students was assessed (fingernails, socks, school uniform, hair, etc. were inspected for neatness).
- The nurses visited the homes of at least one student with a chronic medical condition or a special case and this opportunity was used to educate the parents on health, as well as provide encouragement.
- All the nurses conducted weekly school health club meetings for the students. The health club has become an avenue to enhance health literacy among the students.
- The School Health Club meetings (SHC) during the terms placed special emphasis on mental health education to reorient the students towards optimal mental wellbeing. These meetings also included demonstrations on cardiopulmonary resuscitation, coping strategies for students with disabilities in schools, improvement of Indoor Air Quality (IAQ) e. t. c.

SCHOOLS WHERE THE PROGRAM IS CURRENTLY RUNNING WITH THE LAUNCH DATES.

S/N	NAME OF SCHOOL	LAUNCHING DATE
1.	Bashorun/Ojoo High School, Ibadan, Oyo state	19 th November 2020
2.	Ekunle High School 1, Iseyin, Oyo State	3 rd November 2021
3.	Community Comprehensive High School, Awo, Ekiti state	6 th May 2021
4.	Methodist Girls High School, Ifaki, Ekiti State	6 th May 2021
5.	Comprehensive High School, Ode-irele, Ondo State	15 th July 2021
6.	St. Stephens Grammar School, Ondo State	24 th December 2021
7.	Ekunle High School 2, Iseyin, Oyo State	1 st March 2022
8.	Baptist Grammar School, Iresi, Osun State	8 th March 2022
9.	Junior Secondary School, Kayarda, Kuje Abuja	20 th September 2022
10.	St. Monica Girls Grammar School, Ondo, Ondo State	16 th November 2022
11.	Oreki Secondary School, Oghareki, Oghara, Delta State	23 rd November 2023
12	Erin Community Grammar School, Erin Ijesha	Upcoming Event

HOW OUR NURSES ARE TRANSFORMING COMMUNITIES

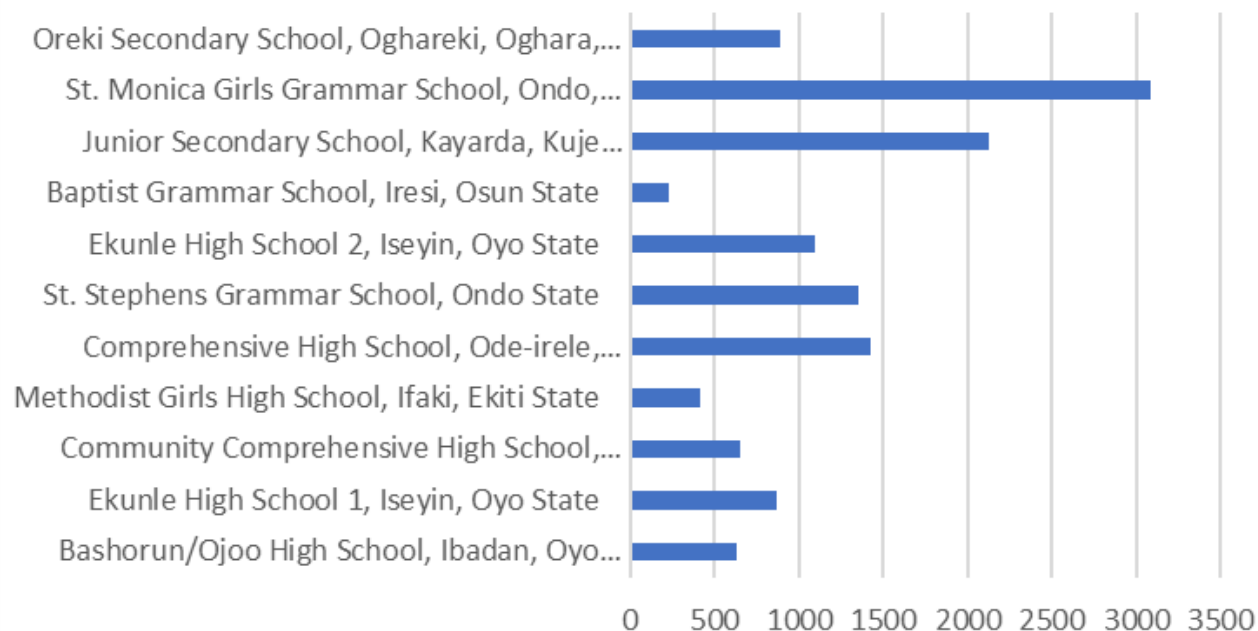
Community Engagements

HFN, through the Nurse A School (NAS) program, has made a positive impact on communities across partnering states. HFN nurses conduct health awareness education and promotion activities in their host communities to enhance outcomes, especially during the holidays.



Numbers of students and staff reached in our locations

NUMBER OF STUDENTS AND STAFF REACHED



CHALLENGES FACING THE NURSE- A-SCHOOL PROGRAM

1. Absence of visual aids to supplement learning process during school health club meetings.
2. Inadequate support from the schoolteachers and principals.
3. Nonchalant attitudes of the parents towards the health of their children.
4. Lack of reliable electricity supply for the nurses in the rural communities.

NAS LAUNCHING EVENTS

HFN held the LATE MR. OBRUCHE EDUVIE launch event at Oreki Secondary School in Oghareki, Delta State. The event was held on the 23rd of November 2023. HFN representatives were welcomed by the school principal, Mrs. Bridget Jane, the Vice Principal, a representative of the Chief Inspector of Education, Ethope West LGA, members of the management and staff.



Upcoming Launching Program

We completed our 12th school in December 2023 at Erin Ijesha Community High School, which the launching date will be announced soon.

Below are some pictures of the school and the provided space, as well as images of the project after completion.



LEARNING AND DEVELOPMENT PROGRAM

We offer opportunities to increase and disciplines of healthcare professionals and offer programs with courses centered on healthcare, leadership, quality improvement and management.

In the year 2023, Health for Nigeria (HFN) hosted its monthly workshop training for the Nurse A School Program nurses and quarterly lecture series for healthcare professionals across the globe.



We were joined by Dr. Olusegun Akinwotu, MBBS, MWACP, MPH, PGDHSE, Behavior Specialist, Easterseals of Southern California as our first guest lecturer on the topic “Importance of Mental Health in a Period of Political and Economic Crisis in Nigeria”

Link to watch the full video

<https://youtu.be/4ZnVBub5tSw>



On the 18th of October 2023, Dr. Sharona Johnson, PHD, FNP-BC, System Administrator Advanced Clinical practice for ECU Health was our Guest speaker for the last quarter in the year 2023 where we discussed the prevalence of chronic kidney disease in Nigeria, symptoms of the disease and the leading causes.

You can watch the full recording on our YouTube page if you missed it, Link below.

<https://youtu.be/Ju8M0hsYNXw>

Nurse A School Program nurses in partnership with Food and Care for All (FCFA). Dr. Oluwatosin Olateju presented two MPH candidates from the University of Maryland School of Medicine, concentrating on Global Health. Ms. Angela Bbosa delivered her presentation on “Sanitation and Hygiene Management”.

Also, Ms. Morayo Owolabi delivered her presentation on “HIV Prevention through youth Education”

<https://youtu.be/SOb5CaWPYYQ>



All our lecture recordings are available on our YouTube Channel.

LEARNING AND DEVELOPMENT PROGRAM

The train-the-trainer session for the Health for Nigeria (HFN) nurses on Cardiopulmonary Resuscitation (CPR) skills was conducted by Prof. Elsie Jolade, Clinical Professor and Graduate Coordinator, Adult-Gerontology Clinical Nurse Specialist Program at Hunter-Bellevue School of Nursing, New York.

The workshop was conducted at St. Monica's Girls Grammar School on 4th July 4th, 2023. Staff members of the school and school prefects were also educated on the importance of CPR skills in emergency situations. Mr. Fred & Prof. Elsie Jolade donated a CPR mannequin to HFN and promised to continue supporting our work.



OUR DONORS, PARTNERS AND SPONSORS

We sincerely express our gratitude to all our donors, partners and sponsors over the past 3 years for their generous support and belief, that soon every Nigerian will have access to high-quality primary medical care services.

Bumi Adeyera | Dr. Adekunle Adeyeye
Mr. Kunle Akinjagunla | Mr. & Mrs. Akintola
Mrs. Oyeyemi Anthony | Mr. Adewale Adeselu
Dr. Kayode Bademosi | Mr. Ejiofor Chukwuelue
Mr. Kenneth Asiegbu | Mr. Ehizogie Esezobor
Dr. Dipo Fadayomi | Mr. and Mrs. Fadayomi
Mr. Wale Fajuyigbe | Mr. Joseph Ikeneku Mudiaga
The Ogunlaja Family | Mr. Oladapo Gbolade
Dr. Oluremi Ilupeju | Mr. Samuel Iroju
Mr. David Ikudayisi | Mr. Chijioke Ibekwe
Ms. Omokehinde Akintade | Mr. Nwabueze Okwodu
Mr. Oloyede Oladapo | Mr. Oladotun Olajide
Dr. Tunde Olujobi | Dr. Fola Oluwehinmi
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Queen Beauty Lounge

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THANK YOU

